

The Power of "The Pesach 4"



4 Names of Pesach

4 Questions

4 Cups of Wine

4 Sons

4 Mothers

4 God's Promises

4 Ways we all "are"

4 Mitzvot of chametz

4 Parts of the Haggadah 4 Stages of Geula

-JEDLAB files

Number 4 in Haggadah and Pessach - הספרה ארבע בפסח ובהגדה

Learn all four names for the Holiday of Passover

מג הפסח

Chag Ha-pesach

Festival of Passover

חג החרוּת

Chag Ha-cherut

Festival of Freedom

חג המצות

Chag Ha-Matzot

Festival of unleavened bread

מג הָאָבִיב

Chag Ha-aviv

Festival of Spring

Learn all the 4's in the seder

אַרְבָּע כּוֹסוֹת

Arbah Kosot

4 Cups of wine

אַרְבַּע קוּשִׁיוֹת

Arbah Kushiot

4 Questions

מה נשתנה - Ma N'shtanah

Why is this night different from all other nights?

Eating Matzh (מְּנָבּוֹר), Eating Maror (מְחָבִּילִין), Dipping twice (מֶּנָבּה), The way we sit

אַרבָּע בָּנִים

Arbah Banim

4 Sons

Wise (\bar{q} ρ,), wicked (\bar{q} ρ), simple (\bar{q} ρ), does not know how to ask

(שָׁאֵינוֹ יוֹדַעַ לְשָׁאוֹל).



The TEEN Four (central questions of adolescence) Let's review and put Pesach themes in the mix

Who am I?

- Jewish teens have a stronger sense of self
- Jewish teens feel a sense of pride about being Jewish
- Jewish teens have experienced learning that has been both challenging and valuable
- Jewish teens have learned things that enable them to be more active participants in Jewish communities

To whom & what am I connected?

- Jewish teens learn about and positively experience Jewish holiday and Shabbat
- Jewish teens establish strong friendships
- Jewish teens develop strong and healthy relationships with their families
- Jewish teens develop significant relationships with mentors, role models and educators
- Jewish teens are able to express their values and ethics in relation to Jewish principles and wisdom
- Jewish teens develop the capacity (skills and language) that allows them to grapple with & express their spiritual journeys

To whom & for what am I responsible in this world?

- Jewish teens feel connected to their various communities
- Jewish teens develop the desire and commitment to be part of the Jewish people now and in the future
- Jewish teens develop a positive relationship to the land, people and State of Israel

How can I make a difference in this world?

Jewish teens are inspired and empowered to make a positive difference in various communities and world in which they live





WHO AM I?

- Telling our stories
 - Inspire teens to <u>record</u> their own stories - with a Pesach twist!
 - TikTok
 - Making connections

TO WHOM AND WHAT AM I CONNECTED?



Becoming a Nation

Connect to one another

(host an online get-together)

Freedom

The <u>Freedom to</u>
Question

(Create music together)

"How Free are You?"

Celebration

Prepare for your upcoming seder





TO WHOM & WHAT AM I RESPONSIBLE FOR IN THE WORLD?

- Myself (<u>self-care</u>, <u>mental health</u>)
- Slavery (in today's world)
- Modern plagues

HOW CAN I MAKE A DIFFERENCE IN THE WORLD?

- Hidden Opportunities
- Overcoming Hardship ways to help





jewishedproject.org/coronavirus

