

Talking About Death and Dying: A Webinar for Educators April 1, 2020

Featuring: Rabbi Melanie Levav - Director of PJ Library New York Rabbi Dena Klein- Managing Director, New Models (Leadership Initiatives) WELCOME Please introduce yourself in the chat box (be sure to change the **TO: setting to include presenters** and participants) by sharing your name, organization, and location.



Talking About Death & Dying

"...existence embraces both life and death, and in a way death is the test of the meaning of life. If death is devoid of meaning, then life is absurd. Life's ultimate meaning remains obscure unless it is reflected upon in the face of death.

...There is a slowness, a delay, a neglect on our part to think about it. For the subject is not exciting, but rather strange and shocking. --Abraham Joshua Heschel

https://www.myjewishlearning.com/article/what-deathshould-teach-us-about-life-and-living/

Trauma Informed Approach

- Trauma Informed Care:
 - A framework that emphasizes
 - Physical
 - Psychological
 - Emotional

safety for both providers and consumers.

- Helps survivors rebuild a sense of empowerment
- Acknowledges that people carry trauma throughout life

Age Appropriate Information

Answer questions being asked

Recognize that children will learn from other sources

Share proactively when appropriate

Be present and patient

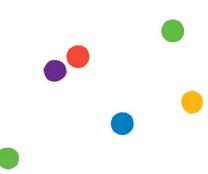
Understanding Death

1. Irreversible: death is permanent

2. Final: all functioning stops with death

3. Inevitable: death is universal for all living things

4. Causality: what causes death



Resources for Talking to Kids

<u>https://pjlibrary.org/beyond-books/pjblog/september-2018/how-to-talk-</u> to-kids-about-death-and-dying

https://pjlibrary.org/blog/january-2017/childrens-books-about-death

https://sesamestreetincommunities.org/topics/grief/

https://modernloss.com/6-tips-for-talking-to-kids-about-death/

Resources for Grown-Ups

https://jccmanhattan.org/what-matters

https://deathoverdinner-jewishedition.org/

https://fivewishes.org/Home

On Complicated/Traumatic Grief

https://complicatedgrief.columbia.edu/professionals/complic ated-grief-professionals/overview/

https://www.nctsn.org/what-is-child-trauma/traumatypes/traumatic-grief

THANK YOU

